



Jamie-Lynn Sigler walks into the nursery in her L.A. home and greets her son, Beau, the exact same way. "I look at him and I say, 'You grew up last night!" the actress, 32, tells *Us* of the infant, already sleeping through the night at just 7 weeks old. "You are so big!"

Since the moment she laid eyes on him August 28, the Sopranos alum, along with baseball player fiancé Cutter Dykstra, has celebrated every little change in her newborn. "I get how they say you will never know what love is until you have a child," she gushes. "It's such an overwhelming feeling of responsibility, of love, of fear, of everything."

Her 36-hour delivery was a labor of love in itself. But Sigler insists she enjoyed the experience completely. A handful of family and friends was on hand, and the group watched YouTube videos and Japanese prank shows in between contractions! "It felt like a party," she

raves. "We had music going and my mom ate a box
of See's candy chocolates
like popcorn at a movie."
When it was time for the
big moment, Sigler says
she didn't mind the five
guests seeing her in all
her glory. "But Cutter
couldn't look below my
knees," she laughs. "He
ran to the corner of the

Beau Kyle Dykstra BORN August 28, 2013, 3:53 P.M. WEIGHT 8 pounds, 4 ounces

room after every pushing session. We called it Cutter's Corner!" A Guns N' Roses song was blasting when Beau finally popped out. Sigler declares: "It was the greatest feeling in the world."

NO MAMA DRAMA

Nearly two months later she's still elated, the usual uh-ohs aside. "The first time I changed him, Beau peed in his face," confesses Sigler. Another time, *she* got dirty, changing a soiled diaper on the side of the road. And before Beau began sleeping through the night, Sigler admits, "I learned what being really exhausted is."

But with a little patience

— and help from mom
Connie; a baby nurse; and
fellow new mom, actress
JoAnna Garcia Swisher

— she's found her groove.

"We have a routine
and now it's fun," says
the star, who is breastfeeding and slimming
down on meal-

delivery plan Paleta.

"Cutter gives Beau a

bottle every night."

When Dykstra hits the road again in February, Sigler and the tot may tag along. "I don't want Cutter to be away from his son for too long," she says. "Beau will be a little road dog."

A wedding and a second child are also on the agenda, Sigler reveals. "But we'll take a break

before having another. This little man needs his time!" US

